

# App: Recording a GPS track

**Note:** The phone needs to have [location services set to Always On](#) (Android, iOS) AND have [battery optimisation turned off for the Trap.nz app](#) (Android.) Failing to do so will mean no tracks are recorded when the app is in the background (i.e. in your pocket.)

<https://www.youtube.com/embed/QyZa4Sa4rvE?list=PLhb73jmTWJsnCLTg4CJXpkUmwHXpxBDAH>

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